# Feeling sick, stressed or depressed? Check out these new services!



You are important to us, and you are not alone. When you're sick or dealing with stress, depression or anxiety, we are here for you.

Two new services, available free to all Bryan College of Health Sciences students.

### **MENTAL HEALTH SERVICES**

# In-person and virtual care/treatment with Bryan Heartland Psychiatry

- Appointments available to meet your needs
- Medication management
- Evaluate need for counseling, and help find services if needed

#### **Bryan Heartland Psychiatry**

Our highly skilled psychiatrists and psychiatric advance practice providers offer outstanding assessment, diagnosis and treatment while being both caring and compassionate to work with you toward better mental health.

#### Schedule your appointment

- Call 402-483-8555
- Let them know you are a Bryan College of Health Sciences student
- Office is at 2221 S. 17th St., Suite 202

If you are in a crisis situation, please contact the Suicide Prevention Hotline Resource for information on local services to help you:

- Call 800-448-3000
- Text VOICE to 20121

## VIRTUAL URGENT CARE

#### Online care through Bryan Health ezVisit

- 24/7, 365 days
- Diagnosis and treatment from a board certified doctor
- Average response time 14 minutes or less

#### **Conditions we treat**

- Cold, cough, sore throat
- Flu symptoms and fever
- Bladder infection (UTI)
- Low back pain
- Seasonal allergies
- Fungal skin infections (tinea)
- Shingles
- Motion sickness
- Cold sore, canker sore, fever blisters
- Minor burns
- Eye conditions stye, pink eye
- Yeast infections
- Eczema or dermatitis
- Sinus infection

#### Get care anytime, anywhere

- Go to: bryanhealthezvisit.com
- Enter special code (found in Student Portal)
- Answer questions and get care

